



Fall Coffee with the Counselors

12th Grade Level
Information
Class of 2020



FHS GUIDANCE TEAM



Brooke Chan
Assistant Principal
(A-GO)
(408) 522-2411



Sandy Woosley
Last Name: A-D
(408) 522-2459



Sherry Fazzio
Last Name: A-D
(408) 522-2459



Vanessa Goulart
Last Name: E-LL
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Ana Franco
Last Name: LM-RA
(408) 522-2428



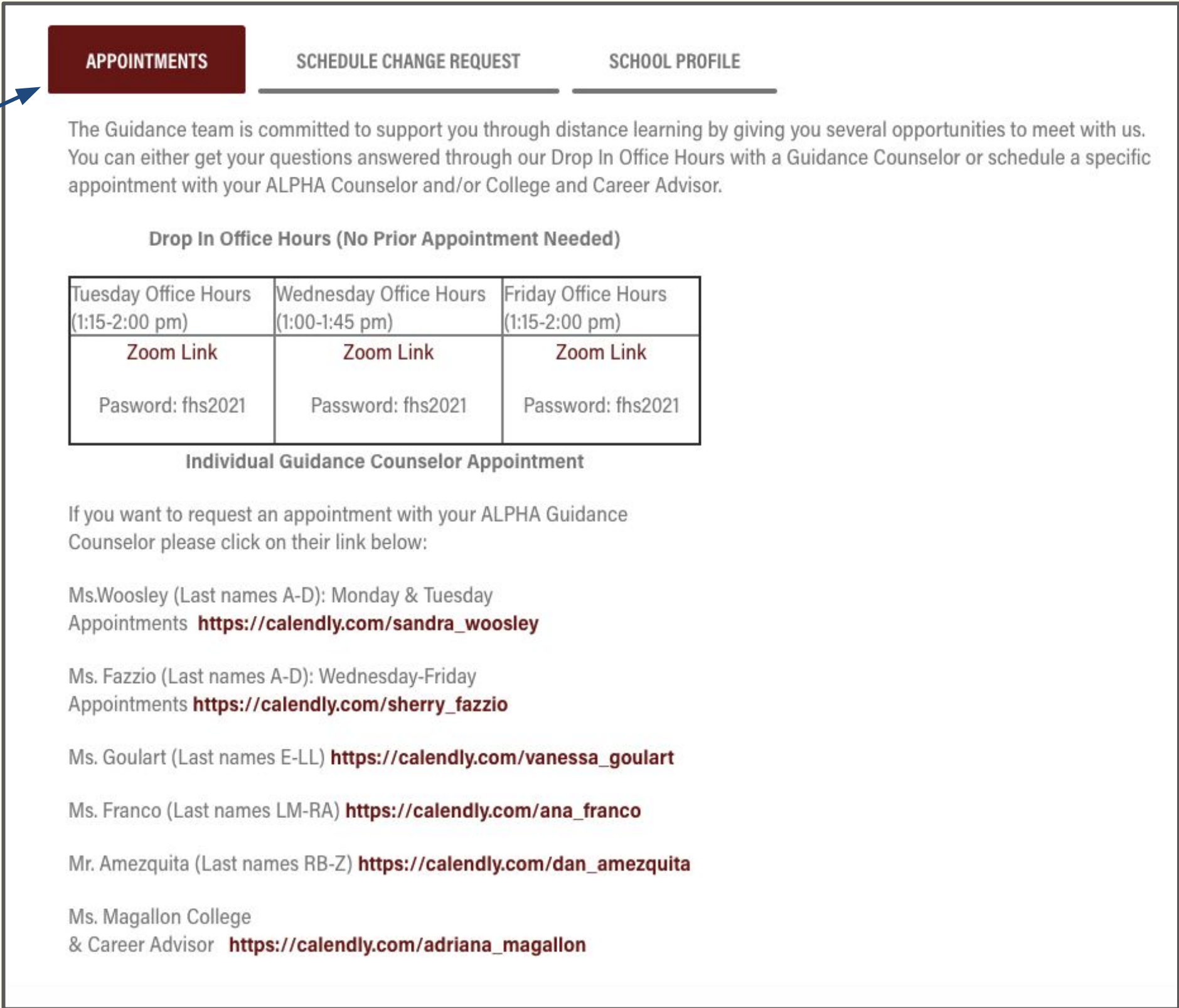
Dan Amezcuita
Last Name: Rb-Z
(408) 522-2484



Adriana Magallon
College &
Career Center
(408) 522-2404

How can your students make an appointment with their GC?

Go to the Guidance website and click on "Appointments"



APPOINTMENTS SCHEDULE CHANGE REQUEST SCHOOL PROFILE

The Guidance team is committed to support you through distance learning by giving you several opportunities to meet with us. You can either get your questions answered through our Drop In Office Hours with a Guidance Counselor or schedule a specific appointment with your ALPHA Counselor and/or College and Career Advisor.

Drop In Office Hours (No Prior Appointment Needed)

Tuesday Office Hours (1:15-2:00 pm)	Wednesday Office Hours (1:00-1:45 pm)	Friday Office Hours (1:15-2:00 pm)
Zoom Link	Zoom Link	Zoom Link
Password: fhs2021	Password: fhs2021	Password: fhs2021

Individual Guidance Counselor Appointment

If you want to request an appointment with your ALPHA Guidance Counselor please click on their link below:

Ms. Woosley (Last names A-D): Monday & Tuesday
Appointments https://calendly.com/sandra_woosley

Ms. Fazio (Last names A-D): Wednesday-Friday
Appointments https://calendly.com/sherry_fazio

Ms. Goulart (Last names E-LL) https://calendly.com/vanessa_goulart

Ms. Franco (Last names LM-RA) https://calendly.com/ana_franco

Mr. Amezcua (Last names RB-Z) https://calendly.com/dan_amezcua

Ms. Magallon College
& Career Advisor https://calendly.com/adriana_magallon



HOW WE GET INFORMATION TO STUDENTS AND FAMILIES

ONLINE:

- Website
- Naviance
- Google Classroom (For seniors only)
- Schoology
- Infinite Campus

IN PERSON (Virtually)

- Classroom Presentations
- Office hours
- Workshops
- Parent Nights
- Appointment

OTHER (DISTRICT):

- College Planning Workshops
- College Essay Workshops
- Virtual College Fairs
- Dual Enrollment workshops



GUIDANCE SUPPORT

How do we support students?

- Student schedules
- Connect students with teachers
- At-risk student support/grade improvement, SAT team
- One-stop shop to help direct/refer to other services needed
- Create 4 year plans
- College advising/post secondary options/financial aid
- Senior support with college applications and letters of recommendation
- Workshops (college application support, college visits, financial aid, college testing, scholarship, essays, middle of the road)
- 2 grade level presentations each year (fall and spring)

How do we support parents?



- Parent Evening presentations (Fall and Spring Guidance Nights)
- Any issues/concerns with the above

How can you help your struggling student?

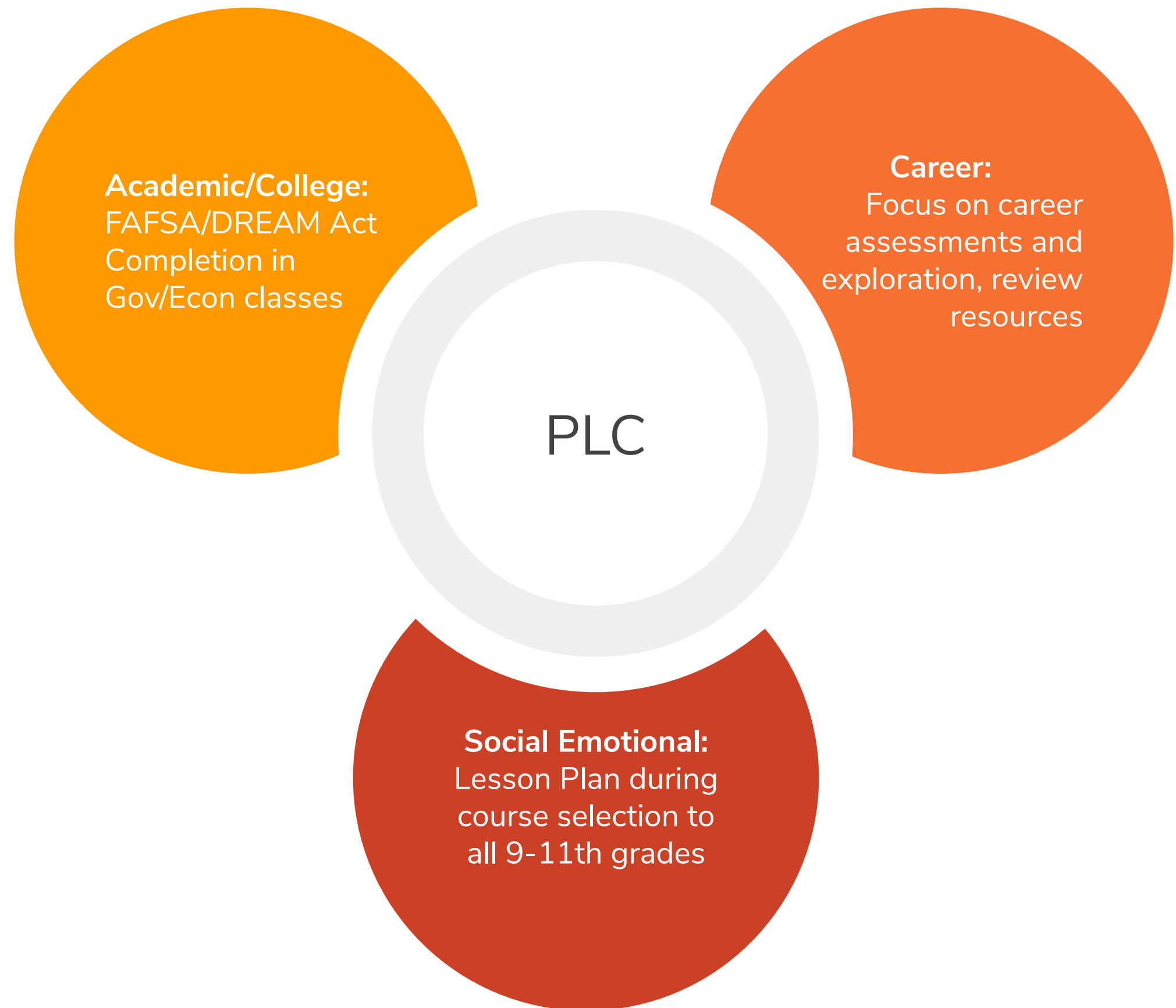


1. Encourage them to talk to their teacher
2. Attend office hours (available 3 times a week)
3. Attend [Students for Success](#)
4. Check Schoology and have conversations with your student
5. Parent should contact teacher if additional support is needed
6. If further assistance is needed please contact your students Guidance Counselor

Guidance Curriculum By Grade Level

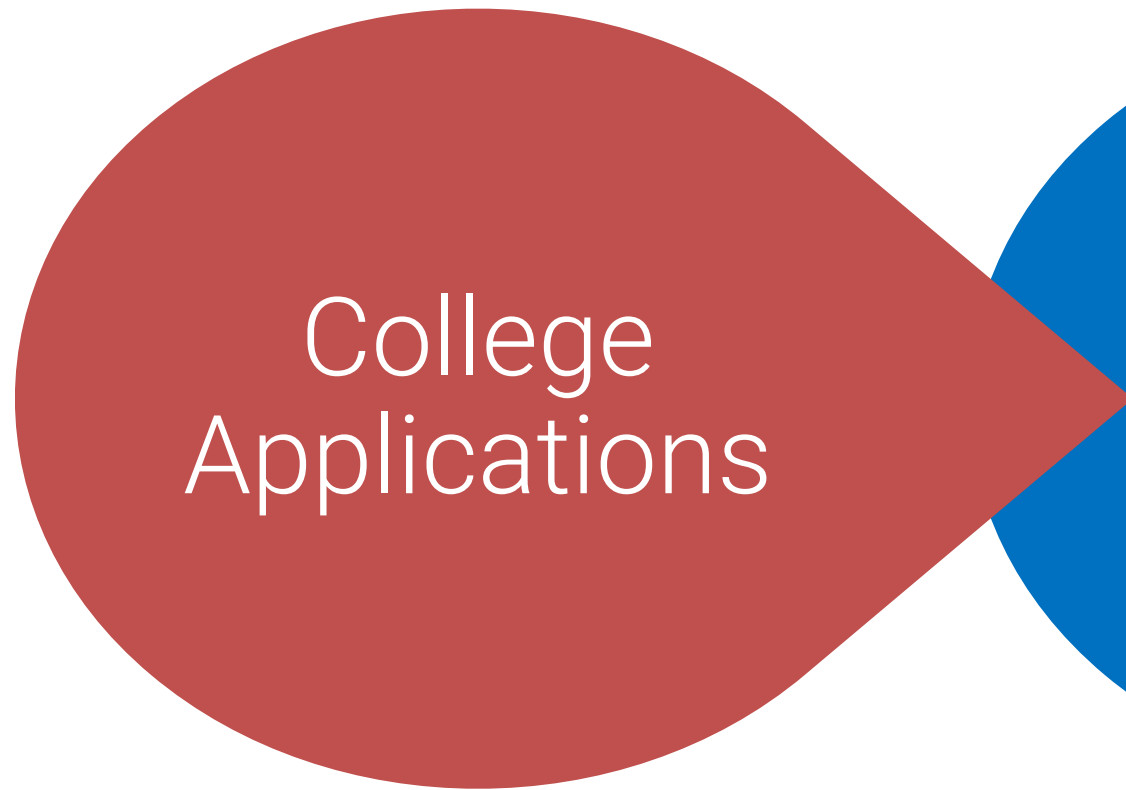
	Students	Parents
9th	<ul style="list-style-type: none"> • Overview of HS & College Requirements • Resources/Activities on Campus/ Getting Involved • Naviance • 4-Year Planning • Social Emotional Learning 	<ul style="list-style-type: none"> • Parent Orientation to Fremont • Requirements - HS & A-G • Counseling Program at FHS • Mental Health • Naviance Access • Course selection information
10th	<ul style="list-style-type: none"> • Careers & College Majors • Self-Exploration • Importance of 10th grade (A-G GPA begins) • Post-secondary options overview & preparation • Career Exploration tools • Course selection information 	<ul style="list-style-type: none"> • Career → Major → College • Importance of 10th grade • Post-secondary options overview & preparation • Career Exploration tools • Course selection information
11th	<ul style="list-style-type: none"> • Post-Secondary Planning (Goals, College Search, College Systems, Testing) • Preparing for College Applications • Transcript overview • College Lists preparation (Safety, Match, Reach) 	<ul style="list-style-type: none"> • College Testing • Course selection information • Transcript overview • College System & Post secondary options
12th	<ul style="list-style-type: none"> • College Application Support • Financial Aid Application Support • Post-Secondary Planning 	<ul style="list-style-type: none"> • College Application Process • Financial Aid Nights • Next Steps (Making College Decisions)

How are we supporting students this year?



Four Year College Path

Sept. – Jan.



Oct. – Feb.



March – May



10/29: Cash
for College
Night @ FHS

Community College Path

Sept. – Jan.

Research
majors &
colleges

Oct. – Feb.

Apply for
Financial
Aid
(2019 income
taxes)

Feb – May

Apply and
attend
orientation
at FHS

10/29:
Cash for
College Night

Spring (TBD):
Community
College Night

REASONS TO APPLY FOR FINANCIAL AID (FAFSA or DREAM ACT)

Application opened up October 1st - DON'T WAIT!

- To get money to pay for college, a university, or trade/vocational program
- To be considered for FREE Tuition at the Community Colleges (CA Promise)
- To be considered for student loans (with typically lower interest rates), Work Study (to work on campus), and state or federal money
- Some private scholarships require a FAFSA/DREAM as part of their application process
- Even if you think you may NOT qualify for any financial aid, if there's an unforeseen financial situation at home during the school year, the FAFSA/DREAM must be filed to be reconsidered for financial aid
- It's a FREE application

College Application & Financial Aid Support Workshops (via Zoom during Office Hours)

- ★ **9/23:** College Application Support Workshop
- ★ **10/7:** CSU Application Workshop presented by a CSU Rep
- ★ **10/9:** UC Application Workshop presented by a UC Rep
- ★ **10/16, 10/28, 11/04, 11/18, 11/25, 11/30*:** College and Financial Aid Application Support Workshops
- ★ Community College Application workshops will begin in the Spring

**Refer to the [Senior Calendar](#) for dates and times of workshops*

Google Classroom

Guidance Seniors C/O 2021

Class code 2lupxbk

Meet link <https://meet.google.com/lookup/eswdx2gke>

FREMONT HIGH SCHOOL

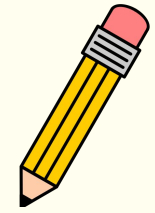
Upcoming

No work due soon

[View all](#)

2lupxbk

What can my 12th grader be doing now?



4-YEAR BOUND

Common App

CSU Application

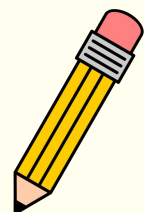
UC Application

Essays & PIQs

Applying for Financial Aid

Virtual College Visits

FAFSA/DREAM/CSS Profile

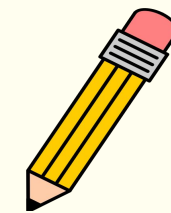


COMMUNITY COLLEGE BOUND/OTHER

Research CCC and programs

Applying for Financial Aid

Career Assessments



EVERYONE SHOULD BE FILLING OUT THEIR FAFSA/DREAM ACT APPLICATION IN PREPARATION FOR QUESTIONS TO BE ANSWERED AT OUR CASH FOR COLLEGE NIGHT ON 10/29!

Q&A



THANK YOU FOR JOINING US